

**FALL 2013
RECREATION DEPARTMENT
PROGRAM BROCHURE**



**TOWN
OF
NORTH HAMPTON**

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North Hampton, NH
03862

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NORTH HAMPTON**

**RECREATION
PROGRAMS FALL 2013**



Town Offices
233 Atlantic Avenue
North Hampton NH 03862
964-8087
964-3170

EVERYBODY RECREATE!



FALL 2013

PIANO LESSONS

Esteemed Pianist Nancy Roberts, who has over 20 years of teaching experience, will be conducting lessons at North Hampton School this Fall. Areas of focus will include, but are not limited to, music reading, note values, rhythm, ear training, music theory, and positive practice habits. Genres range from classical to contemporary. Lessons are thirty minutes.

Please contact Nancy at 431-6238 to arrange lessons.

Who: Boys and Girls

What: Piano Lessons

Where: North Hampton School

When: Weekly Lessons Monday through Thursday

Cost: \$240 with a \$100 Deposit at time of registration. Remaining \$140 due at the start of program

MUSICAL INSTRUMENT LESSONS

NHS Music Teacher Dan Singer is offering after school lessons on popular instruments such as Saxophone, Trombone, Flute, Drums etc.

Lessons are 30 minutes in length and are arranged through Dan. Please arrange your lesson slot with Dan before registering with the Rec. Dept. by email at dsinger@sau21.org or 964-5501

Who: Boys and Girls Grade 5+ (or younger with previous instrument instruction)

What: Once Per Week Instrument Lessons

Where: North Hampton School

When: Mondays, Tuesdays, or Thursdays. From Sept 16th-November 25th.

Cost: \$150 for the 10 Week Session

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Registration Information

To register for any North Hampton Recreation program a general registration form must be filled out completely. This form is where we gather vital information for our participants. Please pay close attention to the information requested on that form and provide all the contact and program information that you are able. We use these forms to contact you in case of emergency or re-scheduling/cancellation of any and all programs. This general registration form is available on the town website in the Recreation Department section.

To officially register for a program the form must be completed and the payment included with it. You can visit the town offices at 233 Atlantic Avenue, 2nd floor behind the Police Station, Monday through Friday from 8am-4pm. We are closed on the major holidays of the year so please be mindful of these dates when planning to register. The other registration option is to mail in your fully completed form and included payment made out to Town of North Hampton, to 233 Atlantic Avenue North Hampton, NH 03862

Scholarship Information

The Recreation Department is proud to be able to offer partial scholarships to those residents who are truly in need and would otherwise be unable to have themselves or their children participate in our offerings. For more information regarding scholarships please visit our website and contact the Recreation Department by phone or in person, Monday through Friday 8am –4pm. Scholarships are available only to residents of North Hampton.



FALL 2013

PASA

Programs for Active Senior Adults

This group is comprised of some very active and social members of North Hampton and some of the surrounding communities. They are a great group and being able to spend time with them is something that cannot be overvalued.

PASA meets three times per month in total and the meetings range from luncheons to field trips to business meetings.

On the third Tuesday of each month we hold our monthly luncheon. We discuss all things relevant to the group including where our next field trip will be!

On or as close as possible to the 4th Tuesday of each month we hold our "Monthly Movie Screening" in the Library. Some of our latest film screenings have included "Life of Pi", "Lincoln", and other films of the groups choosing.

Monthly Movie Screenings are free for PASA members.

This group is open to anyone ages 55+.

Annual Dues of \$15 are required for membership and participation in the various PASA events.

Please visit Town Offices to register.

Pickleball

The fastest growing sport in the United States has a home at Dearborn Park here in North Hampton. Pickleball is a wonderful sport that is a cross between tennis and racquetball and is very popular with our 55+ population however, it is certainly open to all ages and free instruction is available! Two Pickleball courts will be available.

Current Pickleball times are as follows;

Monday Tuesday Thursday 8am-Exhaustion

Saturday 7:30am-Exhaustion

Please contact the Rec Department or Homer Johnson, Pickleball Coordinator, at 964-5943 for more information.

Tai Chi for Everybody

Marcia Carr has been teaching Tai-Chi in North Hampton and the surrounding area for many years and is excited to continue teaching.

"The slow, soft movements have been called "meditation in motion" and are easy to learn and practice. These low-impact classes are designed to enhance the health offering both physical and mental benefits."

Classes are held at Centennial Hall Tuesdays at 10am

Cost: \$5/per class

WWW.TAICHIFOREVERYBODY.COM

FALL 2013

COYOTE CLUB

Developed by John Pazdon and Mary Mazur in 2007 as a way to introduce children to nature based studies, native crafts and environmental stewardship. Coyote Club is Driven by a passion to get children comfortable with the outdoors, into the woods and connected with the environment. Children involved in nature based education programs often experience a deeper sense of self-respect, self-esteem, and a strengthening of their connections to the natural world.

New This Year you may register your child for multiple sessions of Coyote Club!

Deadline to register is the Friday prior to the start of each session.

Registrations cannot be accepted after that date

No refunds can be given for this program

Maximum of 32 participants

When: Tuesdays (See Sessions Below)

Who: Boys and Girls ages 5 through 12

Where: North Hampton School (Classroom To Be Determined)

Cost: \$80 Per 6 Week Session

Session 1: 9/17-10/15

Session 2: 10/22-11/26

Session 3: 12/3-1/21

Session 4: 1/28-3/11

Session 5: 3/18-4/29

Session 6: 5/6-6/10

FALL 2013

Lego Club

Lego Club is back with a new twist. We have Geared 2 Learn LLC, taking over the reigns and bringing a Lego curriculum based in fun and building. They provide all materials, no running out to the store to get the expensive kits! “GEARED 2 LEARN” is an enrichment program designed to introduce students (ages 8-12) to structural principles and machine operations by engaging them in fun hands-on Lego building projects. We want students to find learning science, technology, engineering and math cool!

Who: Boys and Girls Ages 8+

What: Lego Engineering

When: Tuesdays in September (9/4-9/25) 2:45-4:45

Where: NHS (Classroom TBD)

Cost: \$80 for the 4 week session \$90/Non-Residents

Minimum to Run Program: 6

Maximum allowed in Program: 12

Saltmarsh Cooking

Introduction to the Kitchen and Food Preparation:

Your student will be introduced to the basics of the kitchen and utensils for the purpose of food preparation. Your student will learn how to prepare a variety of snacks, appetizers and/or light fare meals. All foods prepared in class can be taken home to enjoy and share. This course will be conducted after school in the Town Hall Kitchen!.

Youth participating in this program will take the bus and get dropped off at Town Hall, where parents will pick up at 4:15pm.

Dates and Times:

Four-week sessions, meeting once per week, after school until 4:15:

- ☐ 2nd-3rd grade: September 9-30 each Monday
- ☐ 4th-5th grade: October 7-28 each Monday
- ☐ 6th-8th grade: November 4-25 each Monday (Monday, 11/11 is Veterans Day, so we'll meet on Tuesday, 11/12 that week)

Cost: \$120 Per Session

Maximum Participants: 7

Minimum Participants: 3



FALL 2013

Traditional Spanish Cooking Class

Participants in this cooking class will be able to participate in creating some highly flavorful ethnic dishes from Spanish cuisine. This program will be sure to broaden your horizons and your taste buds!

This program will take place at Town Hall from 3-4pm on Wednesdays. Participants will take the school bus to Town Hall and will need to be picked up by parents/guardians no later than 4pm. Parents will also need to send a note to the school permitting them to take a different bus.

Who: Boys and Girls Grades 5-8 Minimum Participants: 5

What: Spanish Cooking Fun

When: Wednesdays 3-4pm

Where: Town Hall Kitchen

Cost:\$40

Chess Club

Local chess legend Steve Shulten will be running a weekly chess program in November and December from dismissal until 4:30. Steve has a wide array of chess experience and knowledge. Having our youth learn from him is a great opportunity. Please stay on the lookout for more information regarding final details for this wonderful opportunity.

Who: Boys and Girls in Grades 3-8

What: Chess Instruction

When: Weekday TBD Early November through December.

Where: NHS Classroom TBD

Cost: \$80/ per 6 week session

Destination Imagination

This program will again take place at the school starting in December. Be on the lookout for a letter home from the school in October with more information. Signups will need to be finalized by the 1st of November. Teams will meet twice weekly in January and likely once weekly until late March. Mrs. Donahoe has been involved in this program for 15 years and will be coordinating again this year. Team Managers are needed.

Grades: 5-8

Cost: Free



FALL 2013

Martial Arts

We have partnered with Mike Worobel Martial Arts Studio to offer a fun program after school! Mike has been involved in Martial Arts for over 25 years. He opened Mike Worobel Martial Arts in 2005 and has been going strong since. This program focuses on developing coordination, strength and flexibility while the child learns the basic Karate moves and has fun with games. As the child advances, additional skills will be added. The class will be fun & energetic and focus on karate as a means of self-defense. Positive attitude, confidence, courtesy, and self-discipline are emphasized.

Dates: September 27 - November 15 (Fridays)

Time: 3-4pm

Minimum children: 10

Grade Level: 1-5 Cost: \$65

Extra supplies needed /Fee: none (child can purchase a Gi for \$35.)



Homework Club

4th Grade - Amy Kertich - Mondays and Thursdays 3:00-4:00 p.m. Mr. McFarlin's Room #214

5th Grade - Jessica Paquette and Joyce LaPointe will split the club (each will do one day)

Mondays and Thursdays 3:00-4:00 p.m. Room #228

6th Grade - Lydia von Ahn -

Mondays and Thursdays 3:00-4:00 p.m. Mr. Lacroix's Room #227

7th Grade - Jade Wilcox -

Tuesdays and Thursdays 3:00-4:00 p.m. Room #229

8th Grade - Deb Brown and Jennifer Karnacewicz (2 instructors for both days) - Mondays and Thursdays 3:00-4:00 p.m. Mrs. Boudreau's Room #238

Cost: \$35/per month for each participant. Payments need to be made prior to the first meeting of each month.

FALL 2013



First Tee Golf

First Tee is a youth golf program that teaches life skills through the ever beautiful game of golf. Some information regarding the coaches and their overall philosophy is listed below.

Mission: To impact the lives of young people by providing educational programs that build character, instill life-enhancing values and promote healthy choices through the game of golf using our

9 Core Values: Honesty, Integrity, Sportsmanship, Respect, Confidence, Responsibility, Perseverance, Courtesy, Judgment.

Please visit their website at www.thefirstteenh.org or stop in to the Rec Department to learn even more about what The First Tee is all about, we are proud to partner with them.

This program will take place at Sagamore's facility at 22 North Road in North Hampton. The Rec. Department will transport those that participate, to the facility and parents will pickup from Sagamore no later than 4:30.

Coach Jim and Coach Chris are phenomenal youth mentors and have a vast experience in the game of golf and in the instruction of it. Their personal stories are available as well at www.thefirstteenh.org

Who: Boys and Girls Grades 1-4

What: Golf and Life Skill Instruction

When: Thursday's

Session 1: 9/5-10/10

Session 2: 10/17-10/24 + 11/7-11/14

Where: Students are brought to 22 North Road where they will need to be picked up by parent/guardian no later than 4:30.

Cost: Session 1 \$65

Cost: Session 2 \$45

Minimum Participants: 5/Per Session

Maximum Participants: 14/Per Session

FALL 2013

Crafts for Kids!

A monthly special after school craft for kids ages 5+

At North Hampton Public Library.

Free.

Group size limited -

Call or email to sign up. 964-6326 or youthlib@nhplib.org

Tuesday September 24 - Fall Leaf Crafts & Wreaths - 3:45 - 4:45 Tues-

day October 22 - Edible Haunted Houses - 3:45 - 4:45 Tuesday Novem-

ber 19 - Holiday Gifts - 3:45 - 4:45

Great Stone Face Book Discussion Group

We will read and discuss current and past Great Stone Face book nomi-
nees and winning books.

A healthy snack will be served. Art, games and other activities will ac-
company our reading adventures.

Free.

Location: North Hampton Public Library .

Meeting dates and times: Thursdays 3:15 - 4:15. 9/19, 9/26,

10/3, 10/10, 10/17, 10/24, 11/7, 11/14, 11/21, 12/5, 12/12, 12/19.

Students can be dropped off at the library by bus from North Hampton

School. Group Leaders: Mrs. Sherouse and Ms. Lorreen Keating

Students may take the bus from North Hampton School to the public li-
brary for this program but MUST have a signed permission slip on file at
school.

Please call the library 964-6326 or email to youthlib@nhplib.org to sign
up

Knitting & Yarn Crafts Club -

Share knitting projects - work on your project and learn new skills in
knitting, crochet, and yarn crafts.

At North Hampton Public Library.

Free.

Meets Wednesdays - 3:45 - 4:30 9/18, 9/25, 10/2, 10/9, 10/16, 10/23,

11/6, 11/13, 11/20, 12/4, 12/11

Call or email to sign up. 964-6326 or youthlib@nhplib.org

FALL 2013

One World Languages

"We believe that children can become fluent in
another language under the right circumstances and
if given the opportunity. We want to give every
child that opportunity!

All of our classes follow a communicative and
practical approach. This means that our students
learn material that is relevant and useful to their
lives at each specific age and that they learn in full
sentences from the first day of class.

Language is the key to cultural appreciation. In our
classes, we emphasize both the large and small
cultural elements, so that your child will not only
understand the target language country's large celebrations but also appropriate body lan-
guage and every day customs."



We have partnered with One World Language School to be able to offer
language instruction in both Chinese and French. This program is rather
unique for North Hampton Recreation as it is a 30 week commitment in
order to realize the incredible benefits of learning a second language.
You can sign up for either French Instruction or Chinese as they will both
take place simultaneously in different classrooms. One World Lan-
guages has been offering language classes to youth for over ten years and
although it is a commitment of time and finances, the benefits of begin-
ning a new language at a young age are invaluable. Installment Pay-
ments are available in some cases.

We will be holding a parent informational night at Town Hall on Sept 20,
7-830 pm. This is a great opportunity to meet the Director of One World
Language School. At that time parents can ask any and all questions that
they may have regarding the program and its curriculum.

Who: Boys and Girls K-2

What: Language Instruction

When: Fridays Beginning October 11th and going for 30 Sessions

Where: NHS Classrooms TDB

Cost:\$550 (Less than \$19 dollars per meeting)

FALL 2013

Board Game Club

New this year is a recreational board game club for those who have a knack for some of the greatest board games around. Try your hand at Monopoly, Life, Connect Four, or even bring your own! This club will meet after school on Fridays. New Staff Member Mr. Whitehouse is a “Lifetime Board Game Enthusiast” and is extremely excited to pass on his love of board games to the youth of North Hampton.

Who: Boys and Girls Grades 5-8

Minimum Participants: 5

What: Board Game Shenanigans

When: Fridays 3-4pm

Where: NHS Room 238

Cost: \$35

Save The Earth Club

Participants will have the opportunity to become involved in a social cause of their choosing. They will gain first-hand experience turning their passions into an activity they can feel proud about. At the conclusion of the program participants will be able to present their passion to parents and peers. Some issues that may be covered include; wildlife conservation, sustainability, and community supported agriculture.

Who: Boys and Girls Grades 2-5

What: Environmental Awareness

When: Fridays 3-4pm (9/27-10/25)

Where: NHS Room 330

Cost: \$30

Minimum Participants: 5

Word Club

Participants interested in having fun with words and potentially participating in the NHS spelling bee will have the opportunity to practice their skills with Mrs. Outsen. Look for more details later in the fall. This program will run once per week and begins in December. It will consist of grades 4-8.

FALL 2013

Creative Writing

Mrs. DeConstant and Mr. Whitney will be offering a club for students to share their writing and ideas. They will also be able to learn new techniques and collaborate with other writers. This is a great chance to explore our imaginations and create!

Who: Boys and Girls Grades 6-8

What: Creative Writing Fun with Mr. Whitney and Mrs. DeConstant

When: Thursdays 3-4pm (9/19-12/19)

Where: NHS Room 229 & 245

Cost: \$35

Little Nippers Fall Soccer

Seacoast United has been brought in to offer some Pre-K Soccer fun for North Hampton! The program will be held Saturday mornings at Dearborn Park. If the class fills we may be able to open another.

Who: Boys and Girls ages 3-5

What: Soccer Fun with Seacoast United Coaches

When: Saturday Mornings 10-11am (9/14-10/19)

Where: Dearborn Park

Cost: \$80/Residents \$90/Non-Residents

Minimum Participants: 8

Maximum Participants 12

Archery

We have partnered with “The Archery Academy” to be able to offer professional archery instruction here in North Hampton. Certified Level III instructor Robert Schmidt has an exciting program to those who are interested in archery, accepting both experienced and beginner archers.

Program will take place at Dearborn Park. All equipment is provided by the instructor

Tuesday 9/17,9/24,10/1,10/8 5pm-6pm Dearborn Park

Ages 7+

\$75 individual

Family \$135 (3 people)

\$10/Additional Family Member

Minimum Participants: 5

Maximum: 12

FALL 2013

Gymnastics Club

Come learn how to perform new gymnastics skills and tumbling tricks with your friends! Participants will learn stretching techniques, build strength, and gain control over their body movements. The main focus of this club is safety and fun!

Ms. Duval has a vast gymnastics experience history and has been coaching for the last 7 years, including teaching and coaching youth!

Who: Boys and Girls Grades 1-4

What: Gymnastics/Tumbling Fun!

When: Tuesdays 3-4pm (9/17-10/22)

Where: Room 063

Cost: \$35

Minimum Participants: 5

Maximum Participants: 10

Digital Photography Club

Mr. Gregg will be running an exciting new club showing kids in grades 6 through 8 how to use digital photography in fun new ways! With all the devices that our kids have these days, lets use those cameras skillfully! Creative projects will be abundant in this informative and fun digital photography club.

Who: Boys and Girls Grades 6-8

What: Digital Photo Fun

When: Tuesdays 3-4pm (9/17-10/22)

Where: Room 331

Cost: \$20

Maximum Participants: 6

Minimum Participants: 3

FALL 2013

Improv Club

Members of this creative club will learn to think on their feet while honing improvisational skills and having a blast with outlandish games and fun! Mrs. Zavey and Mr. Quinn have immense experience with all things theatre related and are very excited to bring this club to North Hampton.

Who: Boys and Girls Grades 5-8

What: Wacky Improv Fun

When: Tuesdays 3-4pm (9/17-10/22)

Where: Room 007

Cost: \$35

Nature Art

Kids will create art projects using objects from nature. Additionally they will make prints using plants and ferns, as well as make clothing and just enjoy the outdoors! Ms. Holland is very excited to bring her expertise to the after school enrichment offerings!

Who: Boys and Girls grades 3-5

What: Art with Nature

When: Wednesdays 3-4pm (9/25-10-30)

Where: Mrs. Babyak's Room

Cost: \$40

Math Counts

This program is a nationwide effort to increase enthusiasm and achievement in middle school mathematics. The local competition is held in February at the University of New Hampshire. This program will meet in the mornings before school. It will be instructed by the Middle School Math Teachers.

Who: Boys and Girls Grades 5-8

What: Math Excitement and Instruction

When: Monday Mornings 7:45am (9/30-10/24)

Where: Middle School Math Room

Cost: \$45/Participant

